



Masses For The Week

SATURDAY, FEBRUARY 3

5:00 pm Peduru & Anna Aseervatham R.I.P.
and Anton MacFarlane R.I.P.
- Patricia MacFarlane & Family

SUNDAY, FEBRUARY 4

9:00 am Michael Lepone R.I.P. - Proctor Family
11:00 am The People of the Parish

MONDAY, FEBRUARY 5

9:00 am For Health & Speedy Recovery of
Tathiana Castillo - Tathiana Castillo

TUESDAY, FEBRUARY 6

7:00 pm Luigi, Francesco & Nilla Giannini R.I.P.
- Family

WEDNESDAY, FEBRUARY 7

9:00 am Steve Crosby R.I.P. - O'Brien Family

THURSDAY, FEBRUARY 8

7:00 pm Maria Domenica Cesta R.I.P.
- Daughter Filomena Cesta & Family
Members of St. John the Evangelist
C.W.L. - Proctor Family

FRIDAY, FEBRUARY 9

9:00 am In Thanksgiving - Ngo Family

SATURDAY, FEBRUARY 10

9:00 am Unannounced
5:00 pm Hildegard Cardozo R.I.P.
- Paul Cardozo & Family

SUNDAY, FEBRUARY 11

9:00 am The People of the Parish
11:00 am Ferdinando & Nando Inzinna R.I.P.
- Bessie & Jack Culotta

Sick: That the sick throughout the world may have the strength and wisdom to unite their sufferings to those of Christ, and



obtain His peace and healing, especially Michelina Ciociola, Shelly, Franklyn Tamaya and Patrick Suraj.

Deceased: That the hope of the resurrection of Jesus will support them.

Pope's February Universal Intention: Say "No" to Corruption - That those who have material, political or spiritual power may resist any lure of corruption.

A Biblical Walk Through The Mass

From the moment of our creation and throughout biblical history, God has desired to enter into an intimate communion with humanity. In fact, God, who loves us beyond comprehension, has chosen to give us His very Body, Blood, Soul, and Divinity in the Eucharist. It can truly be said that the Catholic Mass is the most amazing event on earth.

As Catholics, the Mass is the center of our Faith. We celebrate it every day. We know all the responses. We know all the gestures. But do we know what it all means? In *A Biblical Walk Through the Mass*, Dr. Edward Sri (author and presenter of our previous presentation, *Symbolon: The Catholic Faith Explained*) explores the biblical roots of the words and gestures we experience at Mass and explains their profound significance.

Starting Tuesday, February 20th, we will be showing half hour videos on "*A Biblical Walk Through The Mass*" immediately following the 7:00 p.m. Mass on Tuesday for five weeks.

You will:

- Learn the biblical background to the words, prayers, and gestures of the Liturgy, all in the context of the revised Mass translation.
- Discover how the Mass is a "true representation" of Christ's redeeming sacrifice on the Cross.
- Explore the three key aspects of the Mass at Sacrifice, Real Presence, and Holy Communion.
- Gain helpful insights for getting the most out of every Mass.....and much more!



Weekly Offering (Jan. 28).....\$3,522.30
Expenses (Jan. 22 - Jan. 28).....\$1,105.40

Building Fund Expenses.....\$42.72

Thank you for your contribution.

Some Ideas For Lent

On Wednesday, February 14, the Church will begin her season of Lent. This season of Lent is a time of preparation for the feast of all feasts, Easter. It is always a good idea to review at this time what the Church teaches us about this season and penance in general. Lent has two main purposes: It recalls our baptism, or prepares for it, and it emphasizes a spirit of penance.

The Canadian Conference of Catholic Bishops teaches us that: "The Church wants emphasis to be given to the evangelical law that a follower of Christ must do penance. While the heart of penance is hatred for sin as an offence against God, external forms of penance are required to deepen and encourage the internal virtue.

Fridays throughout the year (except Solemnities) are days of abstinence from meat, but Catholics may substitute special acts of charity or piety on this day.

The penitential character of Lent is maintained; on these days penance is an important requirement of the Christian life. Fulfilment of this duty involves prayer, works of piety and charity, and self-denial by fulfilling one's obligations more faithfully, and especially by observing the prescribed fast and abstinence.

In Canada, Ash Wednesday and Good Friday are days of fasting and abstinence from meat. The Law of abstinence from meat binds those who are 14 and older; the law of fasting binds those from 18 to 59 years of age. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance. Adult example will be the greatest influence in this matter." Ordo 2017-2018 - Liturgical Calendar. Canadian Conference of Catholic Bishops.

"The law of fasting prescribes that only one meal be taken in a day; but it does not forbid taking some nourishment in the morning and evening." Letters & Legislation, Archdiocese of Toronto

I hope that the above excerpts are of some help in clarifying what Christ asks us through His Church. To deny ourselves and do penance is not easy, therefore allow me to make a few suggestions. I suggest that you speak to your spouse, family or friend about this matter, it is sometimes easier with mutual encouragement and accountability.

Some further suggestions for Lenten activities include:

Attendance at Weekday Masses: Monday, Wednesday, Friday & Saturday at 9:00 a.m.;
Tuesday & Thursday at 7:00 p.m. and Fridays during Lent at 7:30 p.m.

Rosary recited after the Saturday morning Mass

Stations of the Cross Friday 7:00 p.m.

Visit to the Blessed Sacrament Rosary at home Stations of the Cross at home
Holy Hour every Friday 9:30 a.m. - 10:30 a.m.



Ash Wednesday is February 14. We will have Mass at 9:00 in the morning and also at 7:00 in the evening. This is a day of fasting and abstinence from meat (please see above announcement). We will also have the distribution of ashes with St. John the Evangelist School at St. Philip Neri's Church at 12:45 p.m.